

Suisse Icehockey Fitness Check

Stufe: U13 **Mannschaft** EVNW Jg. 98 **Datum/date:** 05. Jun 10

| Nr. | Name/ nom | Vorname | Grösse 2010 | Grösse 2011 | Gewicht 2010 | Gewicht 2011 | Geb.jahr | Position | 12run 2010 | 12run 2011 | Liegestütz 2010 | Liegestütz 2011 | Klimmzüge 2010 | Klimmzüge 2011 | Stabi seitlich 2010 | Stabi seitlich 2011 | 5 Hupf 2010 | 5 Hupf 2011 | Stabi1 Rumpf 2010 | Stabi1 Rumpf 2011 | Rumpfbeugen 2010 | Rumpfbeugen 2011 |
|---|-------------|-----------|-------------|----------------|--------------|----------------|----------|----------|---------------|----------------|-----------------|-----------------|----------------|----------------|---------------------|---------------------|-------------|----------------|-------------------|-------------------|------------------|------------------|
| | Moldovanyi | Nicolas | 1.50 | | 38.9 | | 98 | G | 2750 | | 30 | | 1 | | 62 | | 9.30 | | 212 | | 27 | |
| | Gisler | Joël | 1.41 | | 29.5 | | 98 | G | 2925 | | 47 | | 9 | | 45 | | 9.00 | | 202 | | 69 | |
| | Hüsser | Ramon | 1.51 | | 35.2 | | 98 | G | 2375 | | 23 | | 1 | | 15 | | 8.25 | | 50 | | 50 | |
| | Ruch | Thomas | 1.58 | | 58.5 | | 98 | G | 2000 | | 6 | | 0 | | 19 | | 7.70 | | 27 | | 16 | |
| | Seifert | Andrin | 1.59 | | 39 | | 98 | G | 2400 | | 20 | | 3 | | 38 | | 9.05 | | 37 | | 76 | |
| | Trotter | Loris | 1.50 | | 39.3 | | 98 | G | 2650 | | 21 | | 1 | | 39 | | 9.30 | | 71 | | 9 | |
| | Boros | Nicolas | 1.45 | | 45.1 | | 98 | G | 2350 | | 25 | | 0 | | 30 | | 7.20 | | 45 | | 9 | |
| | Sterchi | Nils | 1.54 | | 42.1 | | 98 | G | 2425 | | 20 | | 3 | | 35 | | 9.30 | | 37 | | 25 | |
| | Kohler | Gian-Luca | 1.50 | | 44.3 | | 98 | G | 2025 | | 31 | | 1 | | 37 | | 8.90 | | 34 | | 34 | |
| Durchschnitt goalies | | | 1.51 | #DIV/0! | 41.3 | #DIV/0! | | G | 2433.3 | #DIV/0! | 24.8 | #DIV/0! | 2.1 | ##### | 35.6 | ##### | 8.70 | #DIV/0! | 79.4 | ##### | 35 | #DIV/0! |
| | Di Dio | Stefano | 1.55 | | 39.0 | | 98 | D | 2500 | | 46 | | 4 | | 37 | | 10.40 | | 76 | | 27 | |
| | Olesen | Arne | 1.56 | | 46.3 | | 98 | D | 2425 | | 17 | | 0 | | 24 | | 8.40 | | 44 | | 35 | |
| | Schmid | Luca | 1.56 | | 48.1 | | 98 | D | 2425 | | 19 | | 1 | | 31 | | 10.90 | | 45 | | 63 | |
| | Hagmann | Virgile | 1.59 | | 60.1 | | 98 | D | 2375 | | 11 | | 0 | | 29 | | 8.80 | | 34 | | 32 | |
| | Grieder | Pascal | 1.48 | | 35.3 | | 98 | D | 2750 | | 52 | | 6 | | 50 | | 9.10 | | 122 | | 32 | |
| | Gebhart | Mathias | 1.48 | | 36.6 | | 98 | D | 2625 | | 40 | | 7 | | 35 | | 9.60 | | 82 | | 25 | |
| | Basler | Simon | 1.46 | | 38.3 | | 98 | D | 2500 | | 47 | | 5 | | 43 | | 8.70 | | 87 | | 39 | |
| | Sitje | Joakim | 1.47 | | 50.5 | | 98 | D | 2350 | | 25 | | 2 | | 27 | | 8.70 | | 47 | | 31 | |
| | Bachmann | Gian | 1.66 | | 59.7 | | 98 | D | 2275 | | 21 | | 0 | | 35 | | 9.80 | | 37 | | 19 | |
| | Reichlin | Marc | 1.44 | | 37.5 | | 98 | D | 2800 | | 26 | | 8 | | 34 | | 10.55 | | 61 | | 45 | |
| | Meier | Michael | 1.42 | | 31.8 | | 98 | D | 2750 | | 18 | | 3 | | 20 | | 9.10 | | 44 | | 18 | |
| | Wüthrich | Dario | 1.53 | | 41.8 | | 99 | D | 2400 | | 14 | | 5 | | 36 | | 9.70 | | 145 | | 39 | |
| Durchschnitt Verteidiger / moyen | | | 1.52 | #DIV/0! | 43.8 | #DIV/0! | | D | 2514.6 | #DIV/0! | 28 | #DIV/0! | 3.4 | ##### | 33.4 | ##### | 9.50 | #DIV/0! | 68.7 | ##### | 33.8 | #DIV/0! |
| | Kugler | Valentin | 1.53 | | 40 | | 98 | F | 2675 | | 48 | | 0 | | 50 | | 8.30 | | 61 | | 45 | |
| | Lüscher | Mike | 1.55 | | 39 | | 98 | F | 2400 | | 44 | | 4 | | 47 | | 9.10 | | 110 | | 100 | |
| | Brugger | Florian | | | | | 98 | F | | | | | | | | | | | | | | |
| | Giachino | David | 1.47 | | 39 | | 98 | F | 2775 | | 20 | | 6 | | 45 | | 8.70 | | 58 | | 41 | |
| | Leuenberger | Sven | 1.52 | | 52 | | 99 | F | 2350 | | 12 | | 0 | | 25 | | 8.40 | | 39 | | 5 | |
| | Tschudin | Colin | 1.57 | | 42.6 | | 98 | F | 2800 | | 34 | | 3 | | 63 | | 9.10 | | 100 | | 25 | |
| | Grieder | Patrick | 1.45 | | 40.1 | | 98 | F | 2750 | | 61 | | 8 | | 51 | | 9.20 | | 73 | | 38 | |
| | Haueter | Raphael | 1.68 | | 69.3 | | 98 | F | 1625 | | 15 | | 0 | | 27 | | 8.80 | | 24 | | 19 | |
| | Wyss | Mirco | 1.61 | | 52.5 | | 98 | F | 1725 | | 11 | | 0 | | 27 | | 7.90 | | 28 | | 7 | |
| | Wohlbach | Leon | 1.50 | | 31.9 | | 98 | F | 2200 | | 29 | | 7 | | 35 | | 9.05 | | 45 | | 41 | |

| | | | | | | | | | | | | | | | | | | | | | |
|---------------------------------------|-----------|-------------|----------------|--------------|----------------|----|----------|---------------|----------------|-------------|----------------|------------|--------------|-------------|--------------|-------------|----------------|-------------|--------------|-------------|----------------|
| Fritz | Gregory | 1.50 | | 34.6 | | 98 | F | 2750 | | 21 | | 9 | | 56 | | 9.00 | | 29 | | 58 | |
| Giess | Jerôme | 1.62 | | 52.9 | | 98 | F | 2450 | | 10 | | 0 | | 28 | | 9.30 | | 45 | | 22 | |
| Müller | Nicolas | 1.53 | | 36.1 | | 99 | F | 3050 | | 41 | | 3 | | 84 | | 9.90 | | 107 | | 31 | |
| Inniger | Sascha | 1.35 | | 26.9 | | 99 | F | 2800 | | 32 | | 12 | | 40 | | 8.20 | | 310 | | 32 | |
| Gröflin | Elia | 1.55 | | 37.5 | | 99 | F | 2625 | | 20 | | 1 | | 43 | | 9.20 | | 35 | | 41 | |
| Karlin | Silas | 1.50 | | 34.2 | | 98 | F | 2800 | | 40 | | 8 | | 45 | | 9.20 | | 48 | | 37 | |
| Mastrocola | Lorenzo | 1.42 | | 34.4 | | 98 | F | 2550 | | 48 | | 2 | | 33 | | 8.80 | | 117 | | 25 | |
| Brich | Jari | 1.48 | | 32.4 | | 99 | F | 2775 | | 34 | | 0 | | 53 | | 8.70 | | 96 | | 13 | |
| Weis | Robin | 1.55 | | 38.6 | | 98 | F | 2725 | | 46 | | 3 | | 80 | | 9.10 | | 46 | | 115 | |
| Dietrich | Max | 1.70 | | 47 | | 98 | F | 2600 | | 17 | | 2 | | 31 | | 9.00 | | 38 | | 21 | |
| Plüss | Alexander | 1.63 | | 51.5 | | 98 | F | 2100 | | 29 | | 2 | | 39 | | 10.30 | | 43 | | 50 | |
| Lanz | Jérôme | 1.50 | | 36.4 | | 98 | F | 2750 | | 31 | | 9 | | 33 | | 9.90 | | 49 | | 42 | |
| Durchschnitt Stürmer / moyenne | | 1.53 | #DIV/0! | 41.4 | #DIV/0! | | F | 2536.9 | #DIV/0! | 30.6 | #DIV/0! | 3.8 | ##### | 44.5 | ##### | 9.00 | #DIV/0! | 71.5 | ##### | 38.5 | #DIV/0! |
| Durchschnitt Team | | 1.52 | #DIV/0! | 42.17 | #DIV/0! | | | 2494.9 | #DIV/0! | 27.8 | #DIV/0! | 3.1 | ##### | 37.8 | ##### | 9.10 | #DIV/0! | 73.2 | ##### | 35.8 | #DIV/0! |

